



HORLEY TRIATHLON



Sunday 26th June 2011

Following the success of last year's event, the members of Horley Rugby Club are organising the second annual Horley Triathlon. Last year, participants were of all shapes, sizes and physical conditions but the one thing they all had in common was thoroughly enjoying the experience.

We would like to invite anyone interested in participating to join us for this great event. The triathlon is open to anyone over 17 years of age, regardless of sex or physical condition! Whether you participate for fun or take it seriously, this will be a great event to be involved in.

A triathlon is a multi-sport endurance event consisting of swimming, cycling and running in immediate succession. The 2011 Horley Triathlon will be the recognised Sprint Triathlon distance of a 750m swim, 20km cycle, and 5km run - this distance is comfortably achievable for anyone with a healthy heart and body! The swim will take place at the Horley Anderson swimming pool, the cycle will begin at the pool and take participants out towards Cophorne before returning to Horley for the run. The finish will be at Horley Rugby Club / Horley Town Football Club in Court Lodge Road, where the prize giving will take place once all triathletes have finished.

Prizes will be awarded to Fastest Male, Fastest Female, Fastest Swim, Fastest Cycle and Fastest Run. All finishers will receive a medal.

The entry cost is just £35 per person.



For further details or to download an entry form, please visit www.horleyrugby.co.uk and go to the Triathlon link.

If you would like to discuss how you can become more involved with Horley Rugby Club or would like to sponsor the club, please contact Jonathan Daniels on 07778 619566